Contents

Welcome to Telecom SudParis
   Are you ready for the IT world? 3
   Research 4
   The International Relations Office 5
   Academic calendar 2017/2018 6

What to do before your departure?
   Formalities to enter in France 9
   Provisional budget 11

What to do upon arrival?
   Integration day 12
   Formalities to stay in France 13
   Enrolment 14
   Student Card 15
   Bank account 15
   Computer account and internet access 15
   Subscription to insurance 16
   How to receive the first refund? 17
   Other insurances 17
   Academic information 18
   Exchange and double degree students: arrival certificates and learning agreement 19

What to do before you leave Telecom SudParis?
   Two weeks before your departure 20

Campus facilities
   Accommodation 21
   The campus informatics resources 23
   The multimedia library 24
   The restaurant and how it works 25
   Preserve your health 27
   Useful numbers 29

Student life
   Student associations 30
   Transportations 32
   Useful links and information 34
   Discover France and Paris 35
   Shopping 37
It’s our great pleasure to welcome you within the student community of Telecom SudParis - whether you’re here as part of an exchange program, for a dual degree or a Master of Science.

Many of you have left your country and your family to come and study at Telecom SudParis. We are aware that this must have been a difficult decision for you to take, so we hope that this experience will be rewarding and worthwhile, from an academic point of view as well as in human terms.

Qualifications and certificates are most certainly important, but we don’t think education should be restricted to diplomas. In a broad sense, education is about acquiring knowledge, developing skills, attitudes and qualities that cannot be easily tested - enthusiasm, commitment, honesty, and a sense of priority, selfconfidence and open-mindedness. We hope that our multi-cultural community will help you understand the meaning of the term “citizen of the world”.

We hope that this immersion among different nationalities, cultures and languages will leave you with a deeper understanding and respect of others. In certain situations, - either professional or personal - we should remember that difference does not equate with a vision of right and wrong and that things can be done and actions interpreted in many different ways. We hope that you will benefit from this experience,
learn from cultural differences, and develop skills sought after by multinational companies.

This guide is designed to help you discover your new environment and provide you with important information to facilitate your integration in France and on campus, so you should always keep it within reach. Please feel free to contact the international office if you need further details.

Enjoy your stay!

Roisin DONOHOE
Director of International Relations

“It’s our great pleasure to welcome you”
Telecom SudParis is part of Institut Mines-Telecom, France’s leading group of engineering schools, supervised by the Ministry of Industry. It’s a public higher education and research institution, and one of the best IT oriented public schools for budding engineers. Télécom SudParis is also a member of Université Paris-Saclay, the first French research cluster in sciences and technologies of information.

In view of the numerous industrial, economical and social challenges with which we are confronted in this era of technological development, companies expect the graduates from Telecom SudParis to be creative and skilled enough to conceive groundbreaking products and services. Throughout your curriculum, project management and innovation will be the themes emphasized by the professors in Telecom SudParis.

For over 30 years, Telecom SudParis has shared a 14,8 acre campus with Telecom Ecole de Management. This synergy is not restricted to the schools relationships; it is the backbone for the whole organization of academic paths, study methods within interdisciplinary teams, research topics, the development of ongoing vocational training modules and partnerships with various industrialists, as well as community organizers.

You want to relax, have fun and broaden your knowledge? There are about 60 associations and clubs on the campus - all managed by the Student Union. Thanks to the Théâtre de l’Agora and the national conservatory of music, there is a vigorous cultural life in Evry, a town which also happens to be one of the greenest in France, with 543,6 acres of open spaces, including the banks of the Seine.

In figures...

- Over 1100 students with 56 different nationalities on campus
- 103 professor-researchers
- 108 PhD students
- More than 300 partner companies
- More than 100 international academic partners
- 6 research and training departments
- 3 Specialized Masters
- 4 Master of Science
Research activities are closely related to pedagogy, for training and research are constantly stimulated by one another, and these activities increasingly reflect the needs of modern corporate environments. Within the Telecom SudParis departments, research activities are carried out by all the professors-researchers. A great number of Ph. D. students participate in the research under the supervision of researchers.

Principal fields of studies:
• Mobile Communication Networks
• Autonomous and Spontaneous Networks
• Pervasive computing, middleware, distributed systems
• Web and Information Systems
• Multimedia
• Information Society
• IT Applications and Uses

List of departments
• ARTEMIS: Advanced Research and TTechniques for Multidimensional Imaging Systems
  Head: Titus ZAHARIA
• CITI: Signal processing and image
  Head: Wojciech PIECZYNSKI
• EPH: Electronics and Physics
  Head: Badr-Eddine BENKELFAT
• INF: Computing
  Head: Djamel BELAID
• RS2M: Wireless networks and multimedia
  Head: Djamal ZEGHLACHE
• RST: Networks and Services
  Head: Hervé DEBAR
The International Relations Office

The Direction of the International Relations is composed of four persons:

Roisin Donohoe
Director
+33 1 60 76 42 32
roisin.donohoe@telecom-sudparis.eu

Michel Gardie
Academic Counselor and Deputy Director
+33 1 60 76 47 89
michel.gardie@telecom-sudparis.eu

Laura Landes
International Exchange Officer
+33 1 60 76 42 26
laura.landes@telecom-sudparis.eu

Marie Yin
Administrative and International Scholarship Coordinator
+33 1 60 76 41 13
marie.yin@telecom-sudparis.eu

Location
Dir 209 (Administrative Building)

Email
international@telecom-sudparis.eu

Office hours
Monday to Friday
9:00 a.m to 12:00 p.m and 2:00 p.m to 4:00 p.m
FALL SEMESTER (September to end January)

Programme Ingénieur (Master of Engineering)

First year               Monday, September 4\textsuperscript{th} 2017
Second year              Tuesday, September 12\textsuperscript{th} 2017
Third year               Monday, September 25\textsuperscript{th} 2017
Examination period       January

MSc, M1 CCN and E3A

First year               Tuesday, September 26\textsuperscript{th} 2017
Second year              Monday, September 11\textsuperscript{th} 2017

Welcome Day              Friday, September 1\textsuperscript{st} 2017
Intensive French Classes From Monday, September 4\textsuperscript{th} 2017 to Friday, September 22\textsuperscript{nd} 2017
Examination period       From Monday, January 29\textsuperscript{th} 2018 to Friday, February 2\textsuperscript{nd} 2018

Application deadlines

\textbf{Master of Science}
April 1\textsuperscript{st} 2018

\textbf{Exchange and double degree}
April 15\textsuperscript{th} 2018 for Fall semester
October 15\textsuperscript{th} 2018 for Spring semester
SPRING SEMESTER (January/February to June)

Programme Ingénieur (Master of Engineering)
First year Monday, January 29\textsuperscript{th} 2018
Second year Monday, January 8\textsuperscript{th} 2018
Third year Monday, February 5\textsuperscript{th} 2018
Examination period June

Master of Science
First year End of February 2018
Examination period June

Second year M2 CCN: from February 16\textsuperscript{th} 2018
(Master’s thesis) M2 ROSP: from February 28\textsuperscript{th} 2018
HOLIDAYS (except for internship students)

All Saints (except 1st year MSc and 3rd year Engineer)  
Monday, October 30th to Tuesday November 3rd 2017

Christmas  
Monday, December 25th to Monday, January 5th 2018

Winter  
Monday, February 26th to Friday, March 2nd 2018

Spring  
Monday, April 16th to Monday, April 20th 2018

BANK HOLIDAYS (except for internship students)

All Saints  
November 1st

Armistice Day  
November 11th

Easter Monday  
April 2nd

National Labor Day  
May 1st

Armistice Day  
May 8th

Ascension  
May 10th and 11th

Whit Monday  
May 21st

National Day  
July 14th

Feast of Assumption  
August 15th

Important events

Global Village  
November 23rd 2017

Forum des Telecommunications  
February 15th 2018

Graduation Ceremony  
February 9th 2018
What to do before your departure?

Formalities to enter in France

EU Student:
• ID or valid passport
• European Health Insurance Card

Non-EU Student:
To enter France, Non-EU students need a visa. If the length of study is up to 3 months, the French Consulate in your country will give you a Student long stay visa called «VLS-TS» valid for 6 months to 1 year. The holder no longer has to apply for the Residence Permit the first year of their stay in France.
To obtain the visa, you must follow the “CEF procedure”. More information about this procedure here: http://www.campusfrance.org/en

What to bring with you?

- Birth certificate translated into French by the French Consulate in your country
- Wedding certificate if you come with your spouse or if you plan to
- Certified copies of your degrees and grades
- OFII form which is given along with the entry visa
- Warm clothes for the Winter (very cold and long…)
- Adapter for electronic devices (computer, hair dryer…), in France we use 220 volts plugs

Depending on the country and the CEF center, it should take between 1-2 months to obtain your visa.

Any difficulty to obtain your visa?
Send a mail to international@telecom-sudparis with your full name, your application number and the Consulate where you have submitted your application.
International Insurance

You must subscribe to a travel insurance to be covered the first month of your stay in France while registering at the French Student Social Security (compulsory), and check that the insurance covers you while travelling outside of your country for medical costs, repatriation and other unexpected events (i.e. lost luggage).

---

Money

We advise you to apply for an international Visa or Master Card. Payment in France for almost anything is easier to do with an international credit card such as Visa or Master Card (American Express is recognized as well but is far less easily accepted). Also, if you have a pin code, almost all ATMs will allow you to withdraw Euros using these credit cards. Be sure to check with your bank concerning the charges and exchange rate applied when using the card in shops and withdrawing money from ATMs. If you exchange money before you come, remember to ask for small denomination bank notes/euro bills as it is EXTREMELY difficult to get stores, and even banks, to accept a 200 € bill.

---

Important thing to do!

Once you get your visa and flight tickets, do not forget to register on the Welcom website: www.welcom-evry.com
## Provisional budget

### Insurance (2016/2017 fares)

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; 28 years Student Social Security</td>
<td>217 €</td>
<td>Compulsory for all students. European students can provide a copy of the European Security Card</td>
</tr>
<tr>
<td>Voluntary Health Insurance</td>
<td>between 10 € and 50 € per month depending on the Center</td>
<td>Not compulsory but highly recommended</td>
</tr>
<tr>
<td>&gt; 28 years Personal Insurance: Assistance Student</td>
<td>From 309 to 712 €</td>
<td>Registration online</td>
</tr>
<tr>
<td>Civil liability and housing insurance</td>
<td>44 €</td>
<td></td>
</tr>
</tbody>
</table>

### Annual living costs

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entry visa</td>
<td>~ 99 €</td>
<td>CEF application fees not included</td>
</tr>
<tr>
<td>OFII Stamp</td>
<td>60 €</td>
<td>To be bought in France (on-line)</td>
</tr>
<tr>
<td>Housing: Deposit (upon arrival) Rent (average)</td>
<td>590 €</td>
<td>The deposit is refunded at the end of your stay under certain conditions</td>
</tr>
<tr>
<td></td>
<td>4 070 €</td>
<td></td>
</tr>
<tr>
<td>School stationary</td>
<td>1 000 €</td>
<td></td>
</tr>
<tr>
<td>Campus restaurant: 4 € per meal Restaurant outside</td>
<td>1 400 €</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1 600 €</td>
<td></td>
</tr>
<tr>
<td>Transportation</td>
<td>Student Transport Card: 38 €/month or 350 €/year</td>
<td>For student &lt;26 years</td>
</tr>
<tr>
<td>Train ticket to Paris</td>
<td>5.95 €</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2 000 €</td>
<td>Clothes, equipping room....</td>
</tr>
</tbody>
</table>
Integration days

One day is dedicated to your integration at Telecom SudParis the first week of September.

**Day 1 - Welcoming Day**

This day is dedicated to the presentations of Telecom SudParis, your future professors and the administrative staff. It is a common event with the school of business, Telecom Ecole de Management.

- **9:00 a.m. – 9:30 a.m.**
  Welcome coffee and enrolment process (Forum)

- **9:30 a.m. – 10:30 a.m.**
  Presentations, Amphi 10
  • Presentation of Telecom SudParis and Telecom Ecole de Management
  • Administrative Staff
  • Presentation and organization of the Intensive French course
  • Presentation of the « Welcom » Association
  • Presentation of the MAISEL.

- **11:00 a.m. – 12:00 a.m.**
  Meeting with the banks & Social Insurance (Forum)

- **12:00 a.m. – 1:30 p.m.**
  Lunch break with “Welcom”

- **1:30 p.m. – 3:30 p.m.**
  Presentation of the computing resources
  • Campus tour with “Welcom”

- **September 8th 2017**
  A week later, we organize a dinner with all the international students and the administrative staff and professors. That is the opportunity to meet each other and discuss about everything and nothing and learn more about your new school!
Formalities to stay in France

EU Student:
Doesn’t need the residence permit.

Non-EU Student:
Upon your arrival the following documents are required by the OFII (Office Français de l’Immigration et de l’Intégration):

• the stamped OFII certification form given by the French Authorities before your departure and completed with your definitive address in France
• copy of your passport
• copy of the visa

Documents are collected by the International Relations Office (room Dir 209) and transmitted to the OFII.

You will receive an acknowledgement of the reception of your documents from the OFII.

Two to three weeks later, you will receive the notification for the compulsory medical visit. A 58 € tax stamp bearing the initials «OMI» has to be purchased online from www.timbresofi.fr

Following the medical visit, your visa will be validated (blue label/vignette on your passport) and you will receive a medical certificate.

Two months before the expiration of your visa, you have to apply for the French Residence permit. In May, you will receive a mail from the International Relations Office giving you the procedure.

For more information about the procedure, you can contact Ms. Laura LANDES, laura.landes@telecom-sudparis.eu.
# Enrolment

To complete the registration, the student needs to fill out a form and provide us with the following documents:

<table>
<thead>
<tr>
<th>Registration</th>
<th>EU student</th>
<th>Non EU student</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 photo (surname, First name and Academic program year written on the back)</td>
<td>1 photo (surname, First name and Academic Program year written on the back)</td>
</tr>
<tr>
<td></td>
<td>passport copy</td>
<td>passport copy visa copy</td>
</tr>
<tr>
<td></td>
<td>certified French translation of birth certificate</td>
<td>certified French translation of birth certificate</td>
</tr>
</tbody>
</table>

| Other Registrations        | Copy of European social security card                                       | for an exchange < 3 months: International insurance                           |

The “Vie Scolaire” Office is in charge of the registration, subscriptions to the Social Security and other insurance.

**Location:** rooms 06 - 07 - 08 (Administrative building)

**Contacts:**

**Cécile Delafont**
DIR 08  
Office: 01 60 76 40 26  
cecile.delafont@telecom-sudparis.eu

**Valérie Votte**
DIR 08  
Office: 01 60 76 40 20  
valerie.votte@telecom-sudparis.eu

**Office hours:**
September 1 – 30:  
From Monday to Friday:  
9:00 a.m.– noon / 2:00 p.m. – 3:00 p.m.

The rest of the year:  
From Monday to Friday:  
1:30 p.m. to 5:00 p.m.
**Student Card**

If you have submitted your completed form and paid the tuition and social security fees within the deadline, you should receive these documents before the end of the first school month: enrollment certifications, student cards, payment certificates, and social security certificates of affiliation. Your personal information will appear on your diploma, so we recommend that you check the veracity of the documents received and inform us if there’s a mistake.

**Bank account**

To open a bank account, you should provide the banker with the following supporting documents:

- A valid ID (ID card, passport, resident card) with a photo.
- MAISEL contract or a proof of accommodation.

In Evry, you will find large banks such as BNP Paribas, Société Générale, LCL and others...

The Welcom Association will help you for this process. They will go with you to the bank and translate the conversation.

Let’s find a branch of your personal bank in France.

**Computer account and internet access**

Before you arrive, you will get a login and a password for the access. You will have a Telecom SudParis email ID which will be used for future communication with the administration.

You will also be requested to update any personal information from the Student Portal using the login and the password.

To get the internet access in your room, you will meet MINET (student association).

The annual subscription is 70 €.
Subscription to insurance

For students who are under 28 years old

Student social security is compulsory for all students from 16-28 years old (Rate for 2017/2018: 217 €).

Student Social Security and Voluntary Health Insurance:

LMDE or SMEREP are official organizations which are specialized in the student regime, you should choose one of these social security centers, and indicate it on the 2nd page of your registration form: both organizations provide voluntary health insurance solutions as well.

Should you need a more specific voluntary health insurance, you should contact the LMDE / SMEREP staff in the Forum at Telecom SudParis or at the University of Evry.

Along with your affiliation request, you should join a check in keeping with the offer you have chosen, made out to La Mutuelle des Etudiants or SMEREP. The checks will be cashed one week later at the earliest.

Voluntary Insurance 2017-2018

- **LMDE**
  More information

- **SMEREP**
  More information

For students who are more than 28 years old

You have to register to the Social Security center of your place of residence.
How to receive the first refund?

For students who are more than 28 years old

By post, you should send to the insurance office the invoices or treatment form with your RIB (Bank account number).

For students from 16 to 28 years old

You should send to the LMDE or SMEREP center:

- A copy of your bank account number (RIB)
- A proof of affiliation to the social security system (delivered by the school)
- A General Practitioner declaration filled in by the nominated doctor
- The “Cerfa” form n°12485 (“Déclaration de choix du médecin traitant”) filled by your nominated treating doctor (Given with the registration form).

Apart from emergencies, if you don’t declare a nominated doctor, or if you visit another doctor, the refund rate will be lower (16 € instead of 19 €).

Other insurances

Personal Liability Insurance

Personal liability covers an obligation to compensate for any damage caused to others. Your personal liability insurance is your guarantee against personal injury, material and financial damages you may cause to others, but not to yourself.

There is no personal liability insurance as such; it is included in your Comprehensive Accommodation insurance.

Comprehensive Accommodation insurance

It is compulsory to insure your accommodation, in order to protect your commodities against fire, theft, as well as damages that could occur at your neighbors’ place (water damage for instance).
**Academic information**

### Your administration services

Throughout the school year, the International Relations Office and the “Vie Scolaire” service will be the administrative services whose staff gives aid to newly arrived students, by listening and advising. The “Vie Scolaire” Service will help with the registration, tuition fees and social security, student voluntary health insurance company subscription forms, and by checking out compulsory personal liabilities, insurances, lodging...

We will use your Telecom SudParis email whenever we need to get in touch with you or to pass on information, so check out your email inbox regularly. Do not forget to update your information (French mobile number, personal email address...) in your Student Portal account. You will start off your school year with a training course on our information system tool, Student Portal (ecampus).

### Changing courses or program

Before the courses start, you will be requested to confirm the program you intend to take. Any change must be reported to the International Relations Office and to the Registrar Office (“Vie Scolaire”).

For Master of Science students, you first need to discuss with the coordinator of the program, then you inform the “Vie Scolaire” about your decision.

For exchange and double degree students, you first need to inform the International Relations Office. If the change is accepted both by your home university and Telecom SudParis, you will have to do a new learning agreement. Then, we will inform the “Vie Scolaire”.

### Dropping out of a program

Master of Science students, if you decide not to finish your studies at Telecom SudParis, you must inform the “Vie Scolaire”. The information will be passed on to the professors and the Dean of Post-graduate Programs.
Exchange and double degree students: arrival certificates and learning agreement

On arrival exchange students have to:

• Submit their arrival certificate to the International Relations Office

• Complete or change their learning agreement: one week before the classes start, exchange students must confirm the number of courses they wish to take and the number of credits they have to transfer. For any change, this document must be filled out and submitted to the International Relations Office for signature.
What to do before you leave Telecom SudParis?

Two weeks before your departure

Get your transcripts

To ensure you get your transcripts and diploma, you should submit your updated personal information (postal address and email in particular).

For students who are here as part of an Erasmus exchange program, remember you should collect your signed departure certificate.

During the last week you spend here, you should:

• Close your bank account: ask your bank for the formalities
• Return the books borrowed from the multimedia library
• Use all the credit remaining on your restaurant badge
• Terminate your phone contract and your insurance contract
• Go to the International Office and say goodbye!
The MAISEL residence halls are surrounded by a 14,8 acre green open space campus. Essential facilities are close at hand: malls, a cinema, a swimming pool, a theatre... Evry RER station and town centre are a ten-minute walk from the MAISEL.

There are 380 rooms, 477 studios and 12 flats in 7 residence halls. Six of these are on the campus, and the other one is a ten-minute walk from the campus, in the town centre, at le Clos de la Cathédrale. All rooms, studio and flats are equipped with a high bandwidth Internet connectivity access.

**Accommodation fees**

- Registration fee: 80 €
- MAISEL subscription charges: 10 €/month (non-reimbursed)
- Deposit for the reservation: 200 €
- Deposit, reimbursed upon student’s departure: 500 €
- Extra charge for accommodation insurance and personal liability: 44 € for a school year (addresses of insurance agents available in the “Vie Scolaire” service) minimum
Telephone service in the residence halls is no longer available, you should use communication applications through the internet network or personal cell phone instead.

Cell phones accounts are divided into two groups: binding contracts for a year or two, or prepaid SIM cards which you can reload at any time.

In France, there are different mobile network operators, you can compare prices on this website: www.comparatel.fr.

Before you leave the Maisel, do not forget to advise the MAISEL by a one month notice prior to leaving, if you want to get your deposit back quickly (book your ticket early!!).

Then, make an appointment with the MAISEL staff for your check out inventory the day you leave, time at your convenience.

### Monthly rent:

<table>
<thead>
<tr>
<th>Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual room</td>
<td>399 € / 498 €</td>
</tr>
<tr>
<td>15 m² / 17 m²</td>
<td></td>
</tr>
<tr>
<td>Studio 1 person</td>
<td>500 € to 568 €</td>
</tr>
<tr>
<td>18.5 m² to 34 m²</td>
<td></td>
</tr>
<tr>
<td>Apartments 2 or 3 people</td>
<td>400 € per person</td>
</tr>
</tbody>
</table>

You may benefit from accommodation allowance (ALS or APL) from CAF.

- **APL**: from 210 € up to 259 € (indicative rates)
- **ALS**: from 94 € up to 115 €

_N.B.: to benefit from APL or ALS, you should apply on the CAF website as soon as you have checked it in the Maisel. (see information http://maisel.tem-tsp.eu/en)._
Telecom SudParis is obviously a networked place: among other local areas supporting networks, fiber optic, hertzian and laser networks are operating on the campus.

The main places where students can gather have also been equipped with an 802.11n wireless local area network (WLAN): the forum, lecture halls, the multimedia library, the administration building, and a part of the cafeteria.

Ten rooms for practical work, equipped with 13 workstations, open 24/7 (except during holidays when access is restricted), located on the ground floor of building B.
The multimedia library

The multimedia library places sciences, telecommunications, management, language acquisition and cultural resources at your disposal. The librarians are here to ensure a customized research of documents, and to train students in the use of media research tools.

The multimedia library information system is comprehensive: a web-based catalog and electronic resources (media portals and specialized database) both available within the intranet and extranet networks (authentication required outside the campus).

Conditions and rules for loan

Loan conditions
- 5 educational books for 3 weeks
- 5 novels for 3 weeks
- 5 language-learning methods for 12 weeks
- 2 magazines for 8 days.

Loan rules
The loan period may be prolonged once, if another student has not reserved the documents.

Not returning a document within the specified time limit will lead to penalties: your loan allowance will be suspended until you sort out your situation; the loan suspension period shall be equal to the number of days delay.

Excerpt from the school rules and regulations:

“The school will award a diploma only to students (...) in possession of a clearance certificate (...) issued from the school library.”

Opening hours:
From Monday to Friday
9:00 a.m. - 8:30 p.m.

During holidays:
9:00 a.m. – 12:30 p.m.
2:00 p.m. – 5:30 p.m.

Website: http://mediatheque.tem-tsp.eu/

Mail: mediatheque@tem-tsp.eu
The restaurant and how it works

A dynamic display screen at the entrance to each stand gives you the daily offers (the type of dish, origin of meats, and the price). Admission is to be partially covered by guests, and depends on their category. The price for students is 1 €.

You may top up your card at the entranceway terminal using a bank card, or at the counter with cash, cheque, or bank card. In order to speed up payment, please make sure that you have sufficient credit on your card. If this is not the case, please prepare your payment before reaching the counter.

You can find the restaurant and our weekly menus on Twitter @restotsptem

Four themed stands, open daily

- **At the “Trattoria”**, the restaurant offers a variety of pasta dishes, as well as pizza and fish dishes
- **At the “Bistrot”** stand, you can rediscover traditional French dishes
- **At the “Steakhouse”**, the ever-popular hamburger steak and fries is available every day, as well as two new grilled meat dishes each week
- **At The “Express”** stand has its own till and features a full selection, allowing you to help yourself from start to finish from ready-to-eat dishes.

Finally, a wide selection of starters, desserts, drinks, a salad bar, and a dessert bar, are available to you.

Every Tuesday, the chef proposes an exotic dish (paella, couscous, burger...) and a themed dessert buffet every Friday (a buffet of French desserts, American desserts, or tarts...).
Your Délimarché cafeteria

You can have breakfast in the cafeteria, with a full selection (hot drinks, pastries or breads, and fruit juice).

And for snacks, the Délimarché offers a wide range of sweet and savoury items, home-made sandwiches, hot sandwiches, etc. Fixed-price menu 4.09 €.

Délimarché opening hours:
breakfast
7:30 a.m. - 10 a.m.
lunch
11:30 a.m. - 2:30 p.m.

Restaurant opening hours:
11:30 a.m. - 2 p.m.
Monday to Friday
7 p.m. - 9 p.m.
Monday to Thursday incl.

Full Breakfast
2.81 €
Preserve your health

Infirmary
Your interlocutor
Michèle Grandjean
Tel. 01 60 76 43 73

Opening hours:
8:45 a.m.– 5:30 p.m.

Office: Ground floor of the former Restaurant building

Email: infirmerie@it-sudparis.eu
michele.grandjean@tem-tsp.eu

Preventive medicine

You should ask the nurse if you want to make an appointment with a doctor. Systematic examinations for all freshers: each student should attend an examination, at least once during his or her first school year. On the day of your doctor’s appointment, which you may make upon request, you should bring your health record with you.

Services

• Issuing of a medical certificate for sport practice
• Should the need arise, vaccination monitoring and booster doses
• GP consultations (nonprescription medicine)
• Care of disabled students or students suffering from a chronic disease.

These services are FREE OF CHARGE and included in the tuition fees. Medical examinations take place in the infirmary.

Handicap

We will do our best for you throughout your studies, both on the level of physical accessibility, as on the level of knowledge accessibility. To make your life easier in the year to come, you should inform the “handicapped students” consultant, Ms. Grandjean once you’ve been admitted to school. To obtain the handicapped student status, you should consult the preventive medicine service upon your arrival, they’ll establish a medical certificate detailing the specific conditions to be taken into account.
Vaccination

When you first visit the Office Français de l’Immigration et de l’Intégration (OFII / French agency in charge of migration and welcoming foreign people), their staff should check your vaccination expiration dates. If the latter have reached their date limit, make an appointment with Mrs. Grandjean as soon as possible.

N.B.: French regulations are probably different from those in effect in your country. The French law stipulates that diphtheria, tetanus and polio vaccinations must be up-to-date.

Medical care structures near the campus

Centre Hospitalier Sud Francilien
116 Bd Jean Jaurès
91106 Corbeil-Essonnes Cedex
Tel. 01 61 69 61 69

Private clinics
Centre médico – chirurgical et obstétrical (surgical and obstetrical care) (Clinique du Mousseau)
2 - 4, avenue des Mousseaux – Evry
Tel. 01 60 90 10 10

Clinique de l’Essonne
Bd des champs Elysées – Evry
Tel. 01 60 87 86 00

General Practitioners & Specialists
A detailed list practitioners is available at the infirmary.

Should you need medical advice for a non-vital emergency situation, or outside medical practices opening hours, you may phone “SOS Médecin”, an emergency doctor will see you: 36024 or 08 26 88 91 91. Should you need advice or medical care, you should check into the emergency service in a hospital if there are no other options.

On-duty pharmacists / on-duty dentists
You should ask the police station staff in Evry.
Tel. 01 60 76 70 00

Medical care structures near the campus

Centre Hospitalier Sud Francilien
116 Bd Jean Jaurès
91106 Corbeil-Essonnes Cedex
Tel. 01 61 69 61 69
Useful numbers

Security Services
40 18 or 06 78 55 56 44

Nurse
36 36 or 01 60 76 43 73

Security Guards 24/7 Fixed Line
01 60 76 42 21

Security Guards on-call 24/7
06 08 70 75 33

Security Guards 24/7 Mobile
06 71 92 50 99

Nurse Station if Nurse absent
40 00

Security Guards 24/7 Fixed Line
01 60 76 42 21

Reception
from 7.30 am to 6.30 pm, Monday to Friday
01 60 76 40 00

Emergency
15/112

Fire Brigade
18

Local Police
17
Student associations

There are about sixty campus-based associations: sports, cultural and logistics campus based facilities are made available for any activity planned by an association, and they can benefit from the Student Life Committee’s assistance (Commission Vie Etudiante) to implement their projects. Each one of you can already contribute to the life of an association and start developing projects.

The “Welcom” association

“Welcom” is a Student Union club whose aim is to welcome foreign students and help them with their everyday life in the community. Upon your arrival on the campus, some of your fellow students will help you settle in. For a smoother integration, the club will organise numerous events: discovery nights, French culture nights, outings in Paris and cultural visits...

Website: http://welcom-evry.com
**BDE**
The student union members coordinate the activities planned by clubs and student associations as part of their various projects. They plan trips and a mass of activities throughout the school year. Your membership shall be established on the time spent at Telecom SudParis on a prorata basis.

**AIESEC**
Throughout the school year, members of the association will be here to receive foreign students working in local companies. They organize lecture series and training seminars for students who wish to pursue a career at a global level – including subjects such as “French culture and culture shock”.

**ASINT**
The campus based sports association participates in sporting events organized by the FFSU or “Grandes Ecoles”.

**DOLPH’INT**
The Sailing Club members participate in the boat race sponsored by SPI Dauphine, the students French Cup, Trophée des Caraïbes and EDHEC boat race. They are the publishers of the first and only national sailing magazine written by students, ZEF’INT.

**Forum des Telecommunications**
One of the first student recruitment forums that was extended to other European countries, by integrating new services to traditional lines of business. About a hundred companies and thousands of visitors will attend the forum: this recruitment fair has become an unmissable event for Services and ITC professionals and students.

**SPRINT**
One of the few Junior Enterprise which offers companies the specific skills of budding engineers and managers and who aim to develop niches of excellence inside the school: services – information technology. Sprint is a member of the Confédération Nationale des Juniors Entreprises (CNJE), which constitutes a service quality pledge in itself. They received the “certification ISO 9001” in 2008, and the best French JE award for Communication in 2009.

**Find more in the new Alpha brochure**
IN’TV, Promo’INT, club sono, club music, ciné-club, club bourse, club robot, club radio...
Transportations

By train

No matter where the train station you have reached is located, you have to get to Gare de Lyon or Gare du Nord and take the RER D. There will be several branch lines: do not take the RER towards Evry Val-de-Seine. Take the line towards Evry-Courcouronnes, and get off the train when you’ve reached Evry-Courcouronnes.

On weekends, national holidays and during the school holidays, the card is "dézonée", and you are authorized to travel in all zones of the Paris Ile-de-France region. In Evry, we are located in the 5th "zone".

The card also allows the holder to claim various reductions on other services.

The Carte Imagine'R: It is a pass for you to travel in the Paris Ile-de-France region. Valid for one year, it allows you to use public transport such as Metro, buses, or the RER. During the week, your travel is restricted to the "zones" to which you have prepaid.

Imagine’ R fees: 350€ per year.

N.B: You will have to pay 8€ the first month for registration fees.
By car
Useful links and information

Helpful Websites

Telecom SudParis website:
www.telecom-sudparis.eu

E campus e-Learning Environment (ENT, Environnement Numérique de Travailler):
http://ecampus.tem-tsp.eu

Institut Mines-Telecom website:
www.mines-telecom.fr

Fondation Mines-Telecom website:
www.fondation-telecom.org

Maisel website:
http://maisel.tem-tsp.eu/fr/

Shopping Centers

Agora, centre commercial Evry 2
Allée Haute de l’Agora – Evry

Opening hours:
Monday to Saturday:
10:00 a.m. to 8:00 p.m.
Thursday late night closing:
until 9:00 p.m. - www.evry2.com

Centre commercial régional Créteil soleil
110 avenue du Général de Gaulle – Créteil

Opening hours:
Tuesday to Friday:
10:00 a.m. to 9:00 p.m.
Monday and Saturday:
10:00 a.m. to 8:00 p.m.
www.creteilsoleil.fr/actualites

Supermarket

Carrefour
Allée Haute de l’Agora – Evry

Opening hours:
Monday to Friday:
9:00 a.m. to 9:30 p.m.
Saturday: 8:30 a.m. to 9:30 p.m.

You will find many mini-market around the campus.

Carré Sénart
Allée du Préambule 3 – Lieusaint

Opening hours:
Monday to Saturday: 10:00 a.m. to 8:00 p.m.
www.carre-senart.com/W/do/centre/accueil
Discover France

The history, customs and language of the Ile-de-France region have merged with those of Paris, and spread throughout the whole country. The destiny of France was played out in the region, which is a living museum: Gothic art was born here and nowadays there are hundreds of beautiful churches and cathedrals left. The magnificent castles of Fontainebleau and Versailles with their royal apartments and gardens bring the history of France to life again.

The biggest source of entertainment and wonder in Paris is the city of Paris in itself: A city of a human size, hiding a point of architectural interest behind every street, every park, and where every quarter is an ideal place to rest and discover. Paris is known to be a city-full of museums and monuments, but it also offers an exciting popular life. Paris, the «city of lights» attracts many visitors all year long. Exhibitions, festivals, romantic strolls, sport competitions, cultural events. Paris is more than its architectural patrimony: it offers a wide range of activities for leisure, sports and culture. Terraces for cool summer evenings, sparkling variety shows, operas, theatres, concerts, and trendy night clubs: the Parisian night is made of parties and encounters.

Most famous Monuments and Sights in Paris:

- Arc de Triomphe de l’étoile
- Avenue des Champs Elysées
- Tour Eiffel
- Notre Dame de Paris
- Palais Royal
- Montmartre
- Basilique du Sacré-Coeur
- Place de la Concorde
- Opéra de Paris Garnier
- Grand Palais
- Place de la Bastille
- Jardin des Tuileries

Most famous Museums to visit:

- Centre d’art et de culture Georges Pompidou - Beaubourg
- Musée du Louvre
- Musée d’Orsay
- Centre Pompidou - Beaubourg
- Musée du Luxembourg
- Palais de Tokyo
- Musée du quai Branly

Castels to visit in Ile de France:

- Fontainebleau
- Vaux-le-Vicomte
- Versailles
- Courance
- Sceaux
- Chantilly
- Rambouillet
Some unusual places:

• Catacombes de Paris: The underground city of Paris.

• Cimetière du Père-Lachaise: The largest park in Paris and also one of the largest cemeteries in the world (Jim Morrison, Edith Piaf and Molière...)

• Grévin: From Michael Jackson to Elizabeth II, 300 waxwork celebrities at this legendary 19th-century Parisian haunt.

• Passage Brady: Nicknamed the ‘Little India’ of Paris, the Brady Passage is an exotic invitation to discover the tastes and traditions of India.

• Cité médiévale de Provins: A 13th-century fortress that simulates life in the Middle Ages through shows of battle; flight of spectacular birds; ballet dancers etc.

Restaurants in Paris:

French cuisine is known as one of the best in the world. That might be because of the diversity of the good products and related recipes available all over France.

With more than 365 cheeses, thousands of different wine producers, foie gras, sea food, fish and good meat, and of course specialties like snails, frogs’ legs, bouillabaisse, pot au feu, boeuf bourguignon... France is the paradise for those who like quality and innovative cooking.

But in Paris you can also eat food from all over the world, here are some links were you can find all kinds of restaurants:

www restoaparis.com/
http://mmm.mm.free.fr/
www.fra.cityvox.com/restaurants_paris/Restaurants
www.oubruncher.com
Shopping

Shopping

The Parisian department stores such as Galeries Lafayette, Printemps Haussmann or Bazar de l’Hôtel de Ville have become must-see monuments to rival the Eiffel Tower and Notre Dame. Considered to be the leading shopping centre of Europe with 120 million visitors each year, the boulevard Haussmann is a city within the city.

What’s on?

Exhibition, theatre, shows, concerts, festivals, bars, restaurants or clubs, Paris is an active city for students. Useful links to go out in Paris:
www.parisbouge.com/
www.parisinfo.com
www.offi.fr/
www.cityzens.fr/
www.cityvox.fr

Best places for shopping in Paris

http://goparis.about.com/od/shopping/tp/Top_Shopping.htm
www.lavalleevillage.com/
http://haussmann.galerieslafayette.com/
www.forumdeshalles.com/W/do/centre/accueil
www.lebonmarche.com/